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Two Kookaburras Raised In Wellington Mills



Little Old Wellington Mills has the claim to fame of being home to not one, but now two Aussie Kookaburras.

Brothers, Jake and Tom Harvie have both secured their place in the 2025 Australian Men's Hockey Team.

Older brother, Jake, first donned the Australian team colours in 2018. Since then, he has gone to represent Australia at two Commonwealth Games (winning a medal at each) and the Paris 2025 Olympics.

This year a dream came true for the "Harvie" family when younger brother Tom also staked his claim to become a Kookaburra. Tom's inclusion was announced in January and he has since made his debut in the recent international competition in Sydney. Having previously represented Australia in the u/18's and u/21's, it was the culmination of continued hard work and commitment which saw him named in the 2025 Australian Men's Team.

Proud parents, Russell and Carolyn have just returned from Sydney where they watched both boys hit the field together.

"We are proud and humbled that two brothers from Wellington Mills – for them both to play for their country. Even more special that Jake was Team Captain." Our community congratulates Tom and Jake on their achievements and look forward to them having many opportunities ahead to represent Australia side by side.

Looks like the Astro Turf in the back yard paid off, hey Russ? **Darline Morgan**

Tom(left) and Jake Harvie

Old State School Needs Our Help!

The Shire of Dardanup has appointed a contractor to proceed with brick fretting repairs on the Old State School on Ferguson Rd.

It will therefore be appreciated if you could advertise in the Dardanup Times for us. We are seeking locally sourced second-hand bricks for replacement purposes. The existing bricks were handmade bricks and we require similar size and colour to photo below.

The building was constructed from 1896 – 1988 according to the State Heritage documentation – Place number 04628.

If any person has an old outbuilding they have demolished and have bricks they are willing to donate that closely match what we are looking for, they can contact me on email Belinda.Vanvuuren@dardanup.wa.gov.au with a photo and their details or phone 9724 0324 and I will contact them to set-up an appointment to view for suitability.

Kind Regards,

Belinda Vanvuuren Senior Project Officer Shire of Dardanup

An Exterior Wall of the Old State School



Dardanup Environmental Action Group News

By now you should have read the info about Cleanaway's application to the Dept of Water Environment Regulation (DWER) to accept PFAS contaminated waste at their Banksia Rd Landfill site. DEAG distributed copies through our Post Office, thanks Terry, plus all the info is on our facebook page. DEAG has further contacted the ABC radio and SW Times asking them to follow up this issue and we have written to our Shire Council asking the Council to speak to Bunbury Harvey Regional Council about moving that FOGO which is PFAS contaminated to a site in the Perth metro area that accepts that type of waste or Sandy Ridge.

PFAS,(known as the forever chemicals because of their inability to easily break down over time) is the name given to a group of chemicals linked to cancer, kidney disease, birth defects, decreased immunity, liver problems and other serious diseases. They can accumulate in humans, and other living species, and are highly mobile in the environment through water, the atmosphere and food chains.

PFAS contamination of groundwater has recently caused the closure of both the Bunbury Harvey Regional Councils Stanley Road Landfill facility and Dardanup FOGO recycling facilities (see pic of this site). At Stanley Road PFAS has been detected in off-site groundwater monitoring bores at the Australind Bypass around 800 metres to the west, at a concentration exceeding safe drinking water levels.

What can YOU do?

Page 2

Do your own research on the dangers of PFAS and the dangers to your health it could pose.

Follow the Dardanup Environmental Action Group facebook page Write to the Minister for the Environment urging him not to allow this proposal Minister.Whitby@dpc.wa.gov.au

Write to your local sitting state member urging her to protect her electorate. **Jodie.Hanns@mp.wa.gov.au**

The application has been advertised for public comment and we encourage you to put in a submission - google "DWER Licences and works approvals assessments for public comment" or alternatively email DEAG6236@gmail.com and we will email you a template.

Talk to your neighbours about this, as unless the community of Dardanup rallies then you will have more PFAS in your backyard



Jill Cross Pointing to the PFAS contaminated FOGO site alongside the Shires Waste Transfer Station in Crooked Brook.



Exhibition and Art Trail Weekend Gearing Up

\$12,500.00 in prize money will be awarded to winning and highly commended artists in this years

Dardanup Art Spectacular to be held over the weekend

of the 5th and 6th April. \$3000 awarded to the Open prize winner, \$2000 for the Theme winner, \$750 for the Photography winner plus other prizes of \$1000 and includes \$500 awarded to Secondary School students in the general art category and photography. Categories for adult artists are Open, Emerging(Shire of Dardanup resident only), Portrait, Theme(Rhythm), 3D and Photography.

In 2024 the Art Spectacular Committee sold over \$16,000.00 in art with a commission received on sales.

The annual Dardanup Art Spectacular is organised by the community of Dardanup and sponsored by the Shire of Dardanup to showcase the work of emerging artists in the Shire as well as art exhibited from the wider community. The Art Spectacular relies on the generosity of our corporate sponsors and local businesses to ensure the success of this annual event.

The Opening Night is a must attend event on Dardanups social calendar, also a fundraiser for our 2 primary schools, Dardanup P&C and Dardanup P&F who cater for the evening as well as supervise the art exhibition over the weekend. In 2024 the 2 schools received \$2110 from the Friday evening plus the gold coin entries over the weekend.

Venues confirmed on the Art Trail this year include Old Convent, Ferguson Valley Visitor Centre, Thomas Little Hall, Diana Neggo Gallery, Green Door, Bev Mountford Studio and Wild Bull Brewery. Making a come back this year is Ferguson Hart Estate and new on the trail is Rascals Corner in Wellington Mills. Also new venue in town is Our Lady of

Lourdes School Hall which will feature 3 artists plus the Bunbury Wood Turners. Peppermint Lane Lodge with all the sculptures is a must see on the Trail. Most venues have multiple artists displaying their work and there is everything from acrylic/oil/pastels and water colour art works to printmaking to woodwork to glass art to jewellery to ceramics to textiles to sculptures. Art to interest everyone! The Dardanup Art Spectacular Committee looks forward to seeing you over this special weekend so invite your friends and family.

Important dates to remember – Monday 24 March – Art Entries Close Friday 4 April – Art Spectacular Opening Night, 7pm @ the Dardanup Hall. Tickets can be purchased via trybooking, link on the Dardanup Art Spec website. \$25 per person, \$40/couple, \$50/family includes drinks and supper.

Saturday 5 April, 10am – 4pm and Sunday 6 April,10am – 4pm, Art Spectacular Art Exhibition @ the Dardanup Hall and Art Trail Open. Venues in town and in the Ferguson Valley



Elli Barrett will be displaying her art in the Our Lady Of Lourdes School Hall. Elli specialises in paintings, baby clothes, cushions and cards showing her beautiful whimsical animal designs. A new venue on the Trail not to be missed.

 $\mathcal{F}_{age} 3$ Mar 25

Annual Community Meetings To Strengthen Engagement

The Shire of Dardanup is once again inviting residents to participate in its annual Community Meetings — an opportunity for open dialogue between the community and Council.

Shire President Cr Tyrrell Gardiner emphasised the importance of these forums, where residents can voice their ideas, concerns, and aspirations directly to Councillors and Council staff.

"These meetings serve as a vital platform for our community members to be actively involved in shaping the future of our Shire," Cr Gardiner said.

"Last year's meetings resulted in 12 community-identified actions, many of which have been completed or are in progress."

Cr Gardiner encouraged all residents to attend one of the four meetings scheduled across the Shire to ensure their priorities are heard.

2025 Community Meeting dates:

Dardanup: Monday, 10 March 2025. Venue: Dardanup Hall, 19 Ferguson Road, Dardanup. Time: 5:30pm to 7:30pm.

"These meetings provide an important opportunity for residents to help guide Council's decisions and initiatives," Cr Gardiner said. "However, we also want to remind our community that feedback and queries are welcome year-round. The Shire remains committed to listening and addressing community needs beyond these annual forums."



Eds Note; now is your chance to have your say on Monday 10 March!

Dardanup Bull and Barrel Festival News

The Festival Committee is gearing up again to organise this fantastic community event. Saturday 11 October in case you are wondering! Wednesday 12 March, 7pm at Wells Recreation Park Clubrooms is the place to be for our AGM. Food and drink supplied. If you are new to the community or want to get involved in organising this community event then we would love to see you. Anyone out there who may be interested in the position of Minute Secretary then we would certainly like to see you. Not an onerous position – taking the Minutes each month and emailing those out to the Committee. The Festival was very successful last year raising nearly \$20,000 for our community groups who were involved such as the Dardanup Lions Club, Dardanup Playgroup, Leschenault Scout Group, Dardanup Primary School and Our Lady of Lourdes P.S. The Festival has become many of our Clubs major fundraiser. Not to mention the tourism businesses, wineries and breweries that benefit from hosting accommodation, selling wine/beer and showcasing their products.

This year the Festival will have a couple of challenges ahead. One is to sought out the connectivity on the day so we don't have a repeat from last year when traders found it difficult to use their eftpos machines — Telstra tower on Fees rd couldn't cope with the numbers of people in attendance. The other challenge is that the Festival will no longer be sponsored by Healthway.

Healthway no longer sponsors 1 off events, rather sponsoring sporting Clubs where they can see long term change in eating, drinking and exercise habits. So this means the Festival will not benefit from the \$15,000.00 that Healthway has provided each year since the Festivals inception.

The Committee has been preparing for this by restructuring our Festival sponsorship packages and we will be soon be revealing our

Sponsorship prospectus which we hope will attract some new sponsors and maybe some of the old sponsors might like to step up a level as we have added some new incentives.

We are hoping you can assist by either emailing us for a Sponsorship prospectus on

sponsors@bullandbarrel.net.au or suggesting potential sponsors using the same email. Its critical that the Festival finds this extra \$15,000 otherwise we will have to prune expenses which could mean less entertainment and free activities for families.



Lent & Easter Church Services Catholic Parish of Dardanup ~ Boyanup

Ash Wednesday (5th March) 6pm Dardanup

Stations of the Cross 6pm every Friday evening during Lent

Palm Sunday (13th April) 9am Dardanup Please note: no Vigil Mass on Saturday 12th April

Holy Thursday (17th April) 7pm Dardanup

Good Friday (18th April) 10am Stations of the Cross 3pm The Passion of the Lord Dardanup Easter Vigil Mass (19th April) 7.30pm Dardanup

Easter Sunday (20th April)
Mass of the Resurrection
9am Dardanup

Dardanup Heritage Collective News Oral Histories

There have been many oral history interviews conducted with Dardanup residents over the years. They are a great way to get a very personal view of the history of an area.

The earliest were made from the 1970s to the 1990s by local residents, some with the assistance of the Bunbury Oral History Group. The recordings were then passed on to be housed at the Battye Library in Perth. Most have been transcribed and can be found in the Battye if you are visiting the State Library.

A small number of these early recordings have been digitized and are available through the State Library web site like those of Wilhelmina Poad (1985) and Bill Prout (1986). Where digital versions of interviews exist, links have been added from the Dardanup Heritage Collective's website so you can listen to them online.

Another interesting set of oral histories were recorded for the 2011 Memories of Dardanup project. While they are not available online yet, they can be accessed by contacting the Dardanup Heritage Collective:

<u>dardanupheritagecollective@gmail.com</u>. Interviewees are listed on the DHC web site.

Since 2022, the Dardanup Heritage Collective is once again recording interviews of current and former residents. If you would like to help with conducting interviews and recordings or with the transcriptions, please contact us on the email above.

For more information and to listen to some oral history interviews, go to: dardanupheritagecollective.org.au. Use the Search button (top right), and type in "Oral Histories".

Janice Calcei



Wilhelmina Poad was interviewed in 1985 and the recording is available to listen to online. Wilhelmina lived to be 104.

DARDANUP CRICKET CLUB

Alot has happened since our last update, hopefully you have been following our facebook page for regular results! The 7th December we saw our 2 Junior teams play each other, it was a great game and the dominating Green team were great with our younger boys in the gold team, it was a fun game with Green winning 170 to 112 runs! 14th December Our gold team had their closest game to date only losing by 8 runs to Leschanault Tassie Devils and Green had another solid win against Burekup! Juniors then enjoyed their Chistmas break Seniors: 07/12/2024 3rd Grade lost by 6 wickets to Rising Stars; 14/12/2024 5th Grade went down to Dalyellup by 79 runs. 21/12/2024 saw the start of the summer T20 games playing 2 games each 3rd Grade & 5th Grade. 5th Grade taking out a win against Marist by 10 runs, great job guys! They were back into it in the new year 04/01/2025 with 5th Grade losing to Colts by 7 wickets. 11/01/2025 3rd Grade won against Leschenault by 31 runs & 5th grade going down to Dalyellup by 76 runs. Seniors have a break for Country Week in Perth for 2 weeks and then all teams were back on the pitch 1st Feb! Juniors Green beating Hay Park by 25 runs, Gold losing to Eaton by 27 runs. Both Seniors 3rd & 5th Grade teams went down to Rising Stars. 08/02/2025 Juniors Green winning by 50 runs against Colts & Gold losing to Harvey by 21 runs. Seniors 3rd Grade had a good win against Burekup, unfortunately 5th Grade lost to Burekup by only 2 runs.



Senior Enquiries to Jacob Walker 0455 929 488 Blast Cricket & Junior Cricket enquiries to Leila Cooper 0418 247 780

As you read this edition, our cricket will be winding up, Juniors don't play finals & Seniors will have finals in March if they make it.

Please consider joining our great club for next season & come along to our AGM, date to be confirmed.



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FERGUSON Ferguson Valley Marketing Board

February has been a busy month for the FVMB particularly with meeting with a number of local Stakeholders, including the Dardanup Shire and Southwest Development Commission regarding the Lost and Found Festival.

Reviewing and reflecting on 2024, FVMB have moved forward with creating a voluntary sub-committee to manage the Lost and Found Festival in 2025. Committed and determined to make all future festivals a success and enable continued growth, the FVMB together with the sub-committee have already written and submitted several government grant applications and, begun working on new and improved packages for businesses to participate in the event. Other initiatives include preparing innovation accommodation and event packages to sell to the public, additional accommodation offerings to include campgrounds in the area to encourage more people to visit and a free community event to run over the weekend so both local and visitors to the region can all be involved in Lost and Found.

Lost and Found is a Bun-Geo and Ferguson Valley festival and is scheduled to take place on the 18th and 19th of October 2025. So far, Dardanup, Ferguson, Harvey, and Bunbury are committed to being involved and we will continue to work with other areas to host events for the 2025 festival. If you are interested in learning more about the event, would like to be part of the committee or are a business eager to get involved, please reach out to FVMC on <u>marketing@fvmc.com.au</u>.

The festival committee so far includes Sue Williams, Ebony Harding, Tammy Howard plus Lindsey Kennewell as Financial Director. Two contractors will support the sub committee, a local who has more than 12 years experience delivering large community events including the Royal Show plus a Social Media specialist.

The visitor centre continues to be run by dedicated volunteers daily and is head up by the lovely Gae who continues to work on improving the presentation, offerings and ongoing pop-ups for our visitors to the centre.

New information signage is being designed and includes additional marketing opportunities for local businesses. We were thrilled with how many businesses took up the improved signage and were happy to contribute additional funding to be a part of the new signs. Printing and installed will take place within the next couple of months.

Ferguson Valley number plate series one are nearly sold out and series two has now been designed and approved from the Transport Department. The new number plates are now reversed with the number first and then FV. These are now available for sale at \$350.00 and you can choose and order your number plates by emailing marketing@fvmc.com.au. Sorry but 001 is already taken!

FVMB is made up of Chairperson – Sue Williams Vice Chair and Treasurer – Lindsey Kennewell Secretary – Ebony Harding Committee Members – Chris Jenour, Alison Melvin, Tammy Howard, Gae Bessen, Taneta Bell, Jurek Brodzki, Lucy Nankervis and Jody Gibbs

If you are wanting to know more about the Ferguson Valley Marketing or if you would like to be involved in the upcoming Lost and Found Festival, please reach out to any of the above people or email us at marketing@fergusonvalley.net.au

We are so looking forward to a huge 2025!

Kick Your Heels Up at the SW Country Music Dance

The South West Country Music Club will be holding its next dance on SUNDAY 30th MARCH. The dance will be held in the High Kilpatrick Hall BOYANUP. Music provided by Perth Band BANDWAGON starting 1.00 - 4.30.

All the usual raffles, door prize, tea/coffee available. Everyone welcome for an afternoon

> of fantastic music and lots of fun. Admission: Members \$10 Guests \$15

PLEASE NOTE: Our monthly dance is being held on the 5th weekend in March, due to Easter on 3rd Weekend in April.



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This edition focuses on our Spelling Mastery program that has been successfully implemented for many years at Dardanup Primary. Spelling Mastery teaches students dependable spelling skills by blending the phonemic, whole-word and morphemic approaches. Spelling Mastery interweaves these three approaches according to students' skill development and provides direct instruction lesson to teach the spelling skills students need to become proficient writers. Levels range from A to F and students are assessed at each level. It is a research-based program facilitating a differentiated approach whereby students move to their location for a 20-minute lesson. Spelling skills continue to be taught in the classroom. The photos provide a snapshot of the different locations that our students are taught by volunteers and staff members. The cost of the program is funded by the P & C and our data shows success.



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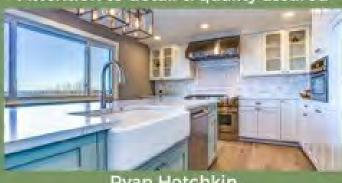
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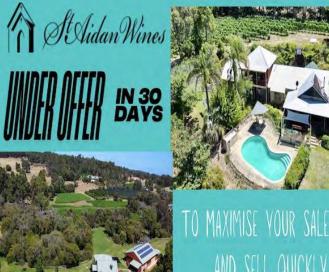
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Our Lady of Lourdes

This year, our school has introduced AUSLAN as a learning area for students from Kindergarten to Year 6. Mrs. Dykstra has been undertaking additional training, ensuring a high-quality learning experience. Students have embraced the subject with enthusiasm and have already learnt to sign a basic welcome and good morning.





YOUNG BUCKS EARLY LEARNING CENTRE-Advertisement

Jodie Buck, proud owner of our new adventure, Young Bucks Early Learning Centres. Jodie has extensive knowledge in children's learning and development, as she has been in the Education and Care industry since 1997. Jodie is extremely passionate about exceeding quality standards and leading amazing centres. Jodie was was raised right here in the Southwest in Eaton with a strong family connection to Dardanup. Our children are our inspiration behind our motto 'Wild @ Heart' and our family come together to support my journey- my sister Kelly, a Dardanup local helps to keep the company operations flowing and you will often see her at any of our centres. My parents and in-laws are always volunteering their weekends to jump in and help out.

Inspired by nature, we are opened Young Bucks Early Learning Centre first doors in Dardanup and Treendale. With our educational curriculum focusing on Learning Through Play, we give our absolute love and devotion to our children's play-based learning in a stimulating environment, creating awareness about the communities we live in. We provide environments where mess and learning are merged into one and it is all about letting children, be just that, children. Our Dardanup director, Katie has been in the childcare industry for over a decade and has a passion for creating an environment in which young children thrive. Give Katie a call on 9728 3032 to book a tour or pop in and introduce yourself. Katie will be happy to answer any of your questions. Please see Young Bucks Early Learning Centre add on

Please see Young Bucks Early Learning Centre add on page 8

Boyanup Farmers Market

Thank you to your continued support for the Boyanup Farmers Market, we have decided to promote a monthy stall in the Dardanup Times for 2025.

Local Dardanup Business **Taralea Farm Macadamia Nuts** have been part of our market for a long time. Bill and Del Nuske have a great choice of raw, salted, unsalted, honey-roasted and flavoured Macadamias, which are grown on their property and processed in their purpose-built processing plant.

Taralea Farm macadamias are available at our monthly market, to wholesalers and they have several stockists throughout WA.

Our next market day is 23rd March, 2025, be sure to follow our social pages too.

Tanya Williams Market Manager





Prohibited Burning

All burning in the open is prohibited from 15 December until 14 March each year (subject to change).





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March is the second month of the Noongar Season *Bunaru* (Second summer) Thankfully the mornings are beginning to get cooler but the days can still be hot and dry.

Roll up your sleeves and gather your supplies. Find your collection of jars, bottles and make sure you have enough vacola jar rings. *It's Harvest Time!* The Stonefuit is ripening, Pears are ready to pick and the vegie patch is filled with Tomatoes, Sweetcorn, Beans and wheelbarrow loads of Zucchini. It is time to get busy blanching, drying and bottling your abundance for later in the year.

As we harvest the Summer bounty, it is time to think about planting winter crops. Autumn is the second busiest planting time in our climate. Getting your crops in early enough is key so that they are fairly mature before the cold weather sets in and you don't have a big 'Hungry Gap'. Once temperatures drop and the frosts arrive, vegetable growing rates slow to a snails pace.

What to plant? Think Onion family (garlic, shallots & leeks), Brassicas (broccolli, cabbage, kale & cauliflower), Root veg (beetroot, radish, carrots, parsnips & turnips) and lots of leafy greens (spinach, silverbeet & asian greens). If you like bulb Fennel (Finnochio) then now is the time to plant seed, choose Florence Fennel varieties to ensure you get bulbs and not just the ferny foliage. 'Montebianco' is an earlier maturing variety with good sized bulbs. Seedlings for slower growing crops such as Broccoli, Cabbage, Kale and Silverbeet are a great way to get a head start. Successive plantings of fast growing salad and stir-fry greens will help to fill the gap between the summer veg and your winter crops. Remember don't wait until all the crops are finished, when you pull something out, plant something in its place so you will always have something to eat!

Toward the end of the month it will be time to consider planting your Garlic. They are a crop that doesn't like too much competition, so grow it in a dedicated bed if possible. Prepare the bed a couple of weeks before planting by adding a light sprinkling of lime, some good organic compost and a few handfuls of rockdust. Hold off planting until after the Autumn equinox (21st) and *very importantly* the days need to be consistently below 25 degreesC. If you plant too early your cloves may bolt and reduce your useable crop yeild. Make sure the soil is moist when planting and work out how to fit the most cloves into your space - neat rows or block planting. Plant the cloves 10-15cm apart so they have room to grow and there is less space for weeds.

What you can plant now:

<u>Leaf crops</u> Asian greens, Celery, Chicory, Cress, Endive, French sorrel, Lettuce, Mustard greens, Orach, Raddicchio, Rocket, Spinach, Silverbeet and Watercress. <u>Brassica crops * plant Seedlings</u> Broccoli, Broccoli Raab, Brussel Sprouts, Cabbage, Cauliflower,

Collard greens and Kale. <u>Root crops</u> Beetroot, Carrot, Celeriac, Daikon, Kohlrabi, Parsnip, Potato, Radish, Salsify, Scorzonera, Swede and Turnip. <u>Legume crops</u> Broad Beans and Snow peas. <u>Onion family</u> Garlic, Leeks, Spring onions, Shallots and Salad onions. <u>Herbs:</u> Bay, Caraway, Chives, Chervil, Coriander, Fennel, Lemon Balm, Mint, Rosemary, Oregano, Parsley, Sage, Thyme, Salad Burnett, Strawberry runners

Two important yet often overlooked Autumn garden tasks are saving seed and planting green manure crops. Resilient gardens start with healthy soil and robust seed. *Why save seeds?* Saving your own seed (from open pollinated varieties) is a great way to reduce your costs, grow/eat more variety and have seeds that are robust to your local conditions. Easy ones to get started with are Beans, Tomatoes and Pumpkins. When sourcing and planting your Winter crops, try to get open pollinated seeds or seedlings, so you can save your own for next season.

If you are heading north for the winter or have beds you aren't going to plant winter vegies in, then consider planting Green manure Crops. They 'work' for you in a variety of ways including replenish the soil nutrients, feeding microbes, acting as a living mulch and suppressing weeds. You can purchase an Autumn mix from most stockfeed stores and selected garden centres. A fabulously easy crop that feeds the soil as well as us, are Broad beans. A nitrogen fixing green manure with the bonus of beans to eat and tender top shoots that are yummy stirfried. At the end of the harvest cut the stems at ground level leaving the roots in the ground to rot. They will feed the earthworms, aerate the soil and releasing all the stored nutrient goodness.

Happy Preserving and Planting!

The first Sustainable Living Workshop for this year is on Thursday 13th March at the Dardanup Hall, 10-11.30am. Topic: 'The Art of Growing Seasonally' Keeping your garden productive year round. Growing an Edible garden is a useful way to buffer the rising cost of food. It is fresher, more nutritious and being budget friendly leaves you more \$\$ to spend on essentials. You don't need a huge space or to grow 100% of what you eat, with a bit of clever planning and planting you can enjoy an abundant seasonal harvest. This workshop will focus on preparing your garden for success. We will cover what crops give you the best value, when to sow for increased yield and making a plan to keep your garden productive year round. Growing is only part of the process, so we will also explore some delicious ways to cook and preserve your produce.

Bookings essential ph: **9724000** or on the website dardanup.wa.gov.au/events





Mindful Movement and Fitness- advertisement

With over 5 years in the fitness industry, i take pride in creating classes that are not only fun and inclusive but tailored to meet diverse needs. Whether you're looking for 1:1 or 2:1 personal training, or group classes, i have options to suit everyone. I specialise in supporting people returning to exercise after an injury, as well as navigating pre and postpartum fitness.

Additionally i have extensive experience working with seniors and individuals with neurological conditions and I continuously update my training methods to ensure everyone feels accommodated and empowered.

I feel incredibly fortunate to offer these classes and be apart of our amazing community. If you're interested in discussing how I can help you achieve your fitness goals, you can call me on 0472776737. You can also follow my Facebook page Mindful Movement and Fitness for updates and more information.

What's on In Dardanup

4 March – Mens Welfare Group – 2pm at the Wells Recreation Park Clubrooms

10 March – Shire of Dardanup Community Engagement meeting @ Dardanup Hall, 5:30-7:30pm.

12 March – Dardanup Bull and Barrel Festival AGM, Wells Rec Park Clubrooms, 7pm

13 March – Shire of Dardanup Sustainable Living Workshop, Dardanup Hall 10-11.30am. Topic: 'The Art of Growing Seasonally'

Keeping your garden productive year round. Bookings essential ph: 9724000 or on the website dardanup.wa.gov.au/events

14 March- Ferguson Hall Sundowner, 6pm

18 March - Mens Welfare Group – 2pm at the Wells Recreation Park Clubrooms

22 March - Community movie night under the stars with a showing of "Hop" @ Boyanup Oval. Entry from \$5. Sausage sizzle and canteen

available. Movie starts at 7. Contact: <u>info.cardinalsjfc@gmail.com</u> See poster this edition

23 March - Boyanup Farmers Market, 8am

24 March- Dardanup Art Spectacular Entries Close

25 March - Chair Yoga at Wells Rec Park Clubrooms, free, 1pm-2pm, sponsored by the Shire of Dardanup

27 March - Have a go and Registration Day for the Cardinals Junior Football Club at Boyanup Oval. Auskick and Superkick from 4pm.

Year 3-6 teams from 4:30pm. Contact: info.cardinalsjfc@gmail.com

30 March – South West Country Music Club Dance @ Boyanup Hall, 1-4.30, more info this edition

4 April – Dardanup Art Spectacular Opening Night, 7pm @ the Dardanup Hall, details re ticket purchases in this edition

5/6 April – Dardanup Art Spectacular Trail, 10am – 4pm, various venues in Dardanup and Ferguson Valley

8 April – Chair Yoga, free, sponsored by the Shire of Dardanup, 1-2pm at Wells Rec Park Clubrooms

Dardanup and Localities Clubs and Meetings

Dardanup Community Choir- every Monday, 7pm @ the Ferguson Hall, Helen 0422 095 870

Edible Gardening Group – 2nd Saturday of the month at 9.30am, ph Ros 0408949160 or Leanne 0418781121

Cardinal Junior Football Club - winter

Dardanup Bull and Barrel Festival Committee - 7.30pm, 2nd Wednesday of every month, Wells Recreation Park Clubrooms

Dardanup Cricket Club(Junior and Senior) - summer
Dardanup Horse and Pony Club – meets 4th Sunday of the month at the DEC
Dardanup Lions Club – 2ndand 4th Tuesdays of each month, 6:30pm at the Dardanup Tavern

Dardanup Environmental Action Group – 1st Tuesday of the month, 5.30pm, contact Sec for further details 0418 281 201

Dardanup Playgroup – every Wednesday of school term, 9.30am – 11.30am @ Dardanup Community Centre

Dardanup Shire meetings – every fortnight on Wednesday @ Eaton. ph 97240000

Dardanup Senior Citizens – 3rd Tues of the month @ the Wells Recreation Park Clubrooms, 9.30am – 11.30am.

Dardanup Social Dance – 1st Saturday of each month, Dardanup Hall, 8pm, \$12 ea, supper to share.

Dardanup Sporting and Community Clubs – 7.00pm, bimonthly at the Wells Recreation Park Clubrooms

Dardanup Tennis Club – every Saturday from 9.00am, beginners welcome

Eaton/ Dardanup Football Club(Soccer) - winter season

Ferguson Hall Committee- 1st Fri of the month @ 5pm, prior to the sundowner. For Hall booking Robyn Jones, 0468 576 950,

email bse7@bigpond.com

Ferguson Hall Sundowners –1st Friday of the month @ 6.00pm, BYO drinks and nibbles.

Ferguson Valley Visitor Centre Volunteers- 1st Tuesday of each month @ the VC Centre, 9.30am.

Ferguson Valley Marketing- 3rd Thursday of each month, 5.30pm at the Thomas Little Hall

Henty Riding Club – meets Wednesdays and other days at the Dardanup Equestrian Centre

Joshua/ Crooked Brook Sundowner – 2nd Friday of the month, 7.00pm at the Fireshed.

Knits and Knots Group – Every 1st & 3rd Tuesday of the month, 1.00 -3.00pm @ the Dardanup Shire office

St Aidans Church, every 3rd Sunday, 9am, all denominations welcome.

SW Rose Soc – 2nd Sunday of each month, 10.00am, @ Wells Recreation Park Clubrooms

SW Veteran Car Club – 1st Tuesday of the month, 7.30pm at the Wells Recreation Park Clubrooms.

Wellington Mill Sundowners – last Friday of the month, 6 – 8pm @ the Fireshed

Wellington Mills Community Association-for upcoming meeting details please contact Sarah, sarahhennigankeen@gmail.com

Dardanup Central Bushfire Brigade training @ the Fire Station, Recreation Rd, 5.30pm every Wednesday

Ferguson Valley Mountain Bike Club – 1st Wednesday of the month at the Wells Rec Park Clubrooms, Mark, 0408 331 447

Mens Welfare Group – 1st and 3rd Tuesday, 2-5pm at the Wells Recreation Park Clubrooms, Ray 0417 932 898

Mahjong - Every fortnight on Wednesdays 1.30pm to 3.30pm at the Dardanup Shire office in Dardanup Revely 0408 833 761

If youhave an event to add please email jill.cross@bigpond.com

Dardanup Senior Citizens News

At our Meeting today the 18th February 19 members attended.

Our guest speakers this month representing My Aged Care were Ven Sykes & Jhodi. Information on how to start the process of assessing aged care & the changes being implemented in July. We are all getting older & help at home is a concern. We had discussions on our activity program for 2025. Our first trip is on the 18th March to Augusta by coach. Royal Gala

Tours & a river cruise to Molloy Island on the Dolphin Discovery. Lunch at the Augusta Hotel.

In April our guest speaker is Hayley Tuck from Solaris

Cancer Care.

We are planning a Cancer fundraiser morning tea in May with proceeds to Solaris Cancer Care. Further information at a later date.

Our next meeting at the Wells Recreation Hall will be on 15th April, start time 9.30am, all welcome.

"Take time to smell the Roses"

Reverly Gardiner

Dardanup Seniors Enjoy A Catch up at Their Monthly Meetings



Wespine News

Wespine recently had the pleasure of welcoming some of the team from Forest & Wood Products Australia for a visit. Together, they explored sustainable practices and innovations in the timber industry.

Wespine is grateful for the opportunity to share insights and strengthen our commitment to a greener future!

Wespine Managing Director Charlie Perkins with the team from Forest & Wood Products Australia





DO YOU HAVE BEES?

FREE ONE DAY WORKSHOP

Sat 29 March Mantra Bunbury Lighthouse

These face-to-face workshops are being delivered nationally and have been developed to assist beekeepers to prepare for and manage a worldwide pest of honeybees - the Varroa Mite.





The Dardanup Times thanks our generous sponsors

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Dardanup Chair Yoga

Tuesdays, 1.00pm - 2.00pm

FREE - No registration required

Pardanup Wells Recreation Pavilion

25 March 8 April 29 April 13 May

Find out more here: https://www.dardanup.wa.gov.au/events/chair-yogadardanup/666





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